

INTERVIEW PROCES

Hi, my name is Abhishek Suhas Mhatre, I was wondering if you could please spare a moment of your time for a quick interview.

My team and I are developing a prototype for an app that uses the pomodoro technique. Are you familiar with the pomodoro technique? If no (it's a time management technique that uses a TIMER to break down work into 25 minutes interval, separated by short breaks).

We would be extending this technique by adding a social media-blocking feature, to help people that easily get distracted by social media, concentrate when they need to study, or in a meeting, or even while driving.

We would like to talk to students/ workers and gain an understanding of how this app would be useful to them.

We would like to audio record this session if you don't mind, but if in anytime during the interview, you don't feel comfortable, feel free to let me know and we would cancel the recording. I am providing an website link of my app which will give you a overall idea as well - <https://avsiid.wordpress.com>

QUESTIONS FOR DEMOGRAPHICS

- What is your name?
Saurabh Dekate

- What age group you belong to?
 - a. 13 -17
 - b. 18- 21
 - c. 22- 30
 - d. Above 30Ans) c

- Are you a student or a business personal? Name of your institution?
 - a. If student - Undergraduate or graduate
 - b. Employee
 - c. Employer/ RecruiterAns) a

- What are your office working hours?
8-5
- What are your office break hours?
12-1
- What kind of a smartphone (operating system) do you use, if any?

Ans) Iphone 6

- Number of meetings in a week with clients or management authority?

- Have you ever been late to your meetings?

Ans) Not when I used o work

QUESTIONS ABOUT SOCIAL MEDIA DISTRACTIONS

- Do you use any social media platforms like Facebook, Instagram, Snapchat, and Twitter etc?
Ans) Yes
- Which social media app would you say you use the most?
Ans) Facebook
- How often a day would you say you visit these social media platforms?
Ans) 15 times
- Have any of them proven to be a distraction at any point in your work schedule, in a meeting, while driving, working etc?
Ans) No
- What methods have you been using to prevent these distractions?
Ans) Think about the new car I am gonna get after hard work
- What do you like most about the technique you are using/ how does it help?
Ans) I am always motivated
- Has it worked so far, if it has, how long does it help you stay away from the distractions?
Ans) Yes
- Would you like to have an application that could help you block out these distractions for a brief period that will help you concentrate?
Ans) Yes

QUESTIONS ABOUT SCHEDULES AND DEADLINES

- Do you use any apps or device to manage your work schedules, if yes, which app do you use?
Ans) Sticky notes
- What do you like about it?
Ans) Managed schedule
- How do you manage your work schedules and remember your deadlines, is this app you are using any effective?
Ans) Yes
- Have you ever missed a deadline because you didn't check calendars or respective notes?
Ans) Yes

- How would you feel about an app that collects your schedules from your computer or smart phone and reminds you of your deadlines? (If you are not using any app).
Ans) That would be a great idea if it is user friendly

QUESTION AT THE END

- Now that you have an overview of what our app idea could do, is there anything more you would like to include that you feel would be helpful to you or DO you have any comments that you would like to add?
Ans) I would suggest an alarm system for each event.

QUESTIONS FOR DEMOGRAPHICS

- What is your name?
Mangesh More
- What age group you belong to?
 - e. 13 -17
 - f. 18- 21
 - g. 22- 30
 - h. Above 30
- Are you a student or a business personal? Name of your institution?
 - d. If student - Undergraduate or graduate
 - e. Employee
 - f. Employer/ Recruiter
- What are your office working hours?
10:00 – 6:00
- What are your office break hours?
13:00 – 13:45
- What kind of a smartphone (operating system) do you use, if any? Android
- Number of meetings in a week with clients or management authority? 5
- Have you ever been late to your meetings? YES

QUESTIONS ABOUT SOCIAL MEDIA DISTRACTIONS

- Do you use any social media platforms like Facebook, Instagram, Snapchat, and Twitter etc? YES
- Which social media app would you say you use the most? - WhatsApp, Facebook
- How often a day would you say you visit these social media platforms? - Facebook may be four – five times and whatsApp almost per hour
- Have any of them proven to be a distraction at any point in your work schedule, in a meeting, while driving, working etc? YES
- What methods have you been using to prevent these distractions? SWITCHING OFF MOBILE DATA NETWORK
- What do you like most about the technique you are using/ how does it help? HELPS CONCENTRATE ON WORK

- Has it worked so far, if it has, how long does it help you stay away from the distractions? [AS PER MY WISH](#)
- Would you like to have an application that could help you block out these distractions for a brief period that will help you concentrate? [MAY BE YES](#)

QUESTIONS ABOUT SCHEDULES AND DEADLINES

- Do you use any apps or device to manage your work schedules, if yes, which app do you use? - [Calendar](#)
- What do you like about it? [Reminders](#)
- How do you manage your work schedules and remember your deadlines, is this app you are using any effective? [yes](#)
- Have you ever missed a deadline because you didn't check calendars or respective notes? [yes](#)
- How would you feel about an app that collects your schedules from your computer or smart phone and reminds you of your deadlines? (If you are not using any app). [Will give it a try](#)

QUESTION AT THE END

- Now that you have an overview of what our app idea could do, is there anything more you would like to include that you feel would be helpful to you or DO you have any comments that you would like to add?
[Yes it may help distraction from studies, meetings as well as work but again what if human minds overwrites the App, App to be designed to control human minds. Controlled notifications from other apps like facebook-Facebook is having notification controls, Whatsapp is not having control over notifications. If you control notifications from any App may help saving time reading required specific data.](#)

QUESTIONS FOR DEMOGRAPHICS

1. What is your name?
Siddhesh Surve

2. What age group you belong to?
 - i. 13 -17
 - j. 18- 21
 - k. 22- 30
 - l. Above 30

C. 22-30

3. Are you a student or a business personal? Name of your institution?
 - g. If student - Undergraduate or graduate
 - h. Employee
 - i. Employer/ Recruiter

B. Employee

4. What are your office working hours?
10.00 a.m to 7.00 p.m

5. What are your office break hours?
No break hour as such (15 mins for lunch whenever you want to have)

6. What kind of a smartphone (operating system) do you use, if any?
IOS

7. Number of meetings in a week with clients or management authority?
Around 7 meetings in a week

8. Have you ever been late to your meetings?
No, not for meetings

QUESTIONS ABOUT SOCIAL MEDIA DISTRACTIONS

1. Do you use any social media platforms like Facebook, Instagram, Snapchat, and Twitter etc?
Yes

2. Which social media app would you say you use the most?

Instagram & Whatsapp

- How often a day would you say you visit these social media platforms?

Almost throughout the day

- Have any of them proven to be a distraction at any point in your work schedule, in a meeting, while driving, working etc?

Not really

- What methods have you been using to prevent these distractions?

Just ignore it, whenever busy

- What do you like most about the technique you are using/ how does it help?

My focus, it helps me from distraction

- Has it worked so far, if it has, how long does it help you stay away from the distractions?

Well yes.. till the time we finish our meetings

- Would you like to have an application that could help you block out these distractions for a brief period that will help you concentrate?

Ya sure..

QUESTIONS ABOUT SCHEDULES AND DEADLINES

- Do you use any apps or device to manage your work schedules, if yes, which app do you use?

No not really

- What do you like about it?

-

- How do you manage your work schedules and remember your deadlines, is this app you are using any effective?

-

- Have you ever missed a deadline because you didn't check calendars or respective notes?

-

- How would you feel about an app that collects your schedules from your computer or smart phone and reminds you of your deadlines? (If you are not using any app).

It would be great!!

QUESTION AT THE END

- Now that you have an overview of what our app idea could do, is there anything more you would like to include that you feel would be helpful to you or DO you have any comments that you would like to add?

I would like if that app uses our calendar entries and monthly reminders

QUESTIONS FOR DEMOGRAPHICS

- What is your name? Aniket Tanawade
- What age group you belong to? C. 22 to 30
 - m. 13 -17
 - n. 18- 21
 - o. 22- 30
 - p. Above 30
- Are you a student or a business personal? Name of your institution? B. Employee - TCS
 - j. If student - Undergraduate or graduate
 - k. Employee
 - l. Employer/ Recruiter
- What are your office working hours? 10.30 AM to 8.00 PM
- What are your office break hours? 2 PM to 3 PM
- What kind of a smartphone (operating system) do you use, if any? Android
- Number of meetings in a week with clients or management authority? 5+
- Have you ever been late to your meetings? No

QUESTIONS ABOUT SOCIAL MEDIA DISTRACTIONS

- Do you use any social media platforms like Facebook, Instagram, Snapchat, and Twitter etc? Yes
- Which social media app would you say you use the most? Facebook
- How often a day would you say you visit these social media platforms? 15 mins
- Have any of them proven to be a distraction at any point in your work schedule, in a meeting, while driving, working etc? No
- What methods have you been using to prevent these distractions? NA
- What do you like most about the technique you are using/ how does it help? NA
- Has it worked so far, if it has, how long does it help you stay away from the distractions? NA
- Would you like to have an application that could help you block out these distractions for a brief period that will help you concentrate? NA

QUESTIONS ABOUT SCHEDULES AND DEADLINES

- Do you use any apps or device to manage your work schedules, if yes, which app do you use? No
- What do you like about it? NA
- How do you manage your work schedules and remember your deadlines, is this app you are using any effective? NA
- Have you ever missed a deadline because you didn't check calendars or respective notes? NA
- How would you feel about an app that collects your schedules from your computer or smart phone and reminds you of your deadlines? (If you are not using any app). Would be helpful

QUESTION AT THE END

- Now that you have an overview of what our app idea could do, is there anything more you would like to include that you feel would be helpful to you or DO you have any comments that you would like to add? The app interface needs to be user friendly

QUESTIONS FOR DEMOGRAPHICS

- What age group you belong to?
 - q. 13 -17
 - r. 18- 21
 - s. 22- 30
 - t. Above 30
- Are you a student or a business personal?
 - m. If student - Undergraduate or graduate-graduate student
 - n. Employee
 - o. Employer/ Recruiter
- What are your office working hours? 12 hours
- What are your office break hours? 1-2pm
- What kind of a smartphone (operating system) do you use, if any? Android
- Number of meetings in a week? 3
- What are your Meeting times? 9-11 am
- What is your Break time on daily basis? 1-3pm

QUESTIONS ABOUT SOCIAL MEDIA DISTRACTIONS

- Do you use any social media platforms like Facebook, Instagram, Snapchat, and Twitter etc? Yes
- Which social media app would you say you use the most? Facebook
- How often a day would you say you visit these social media platforms? 10-15 times
- Have any of them proven to be a distraction at any point in your studies, in a meeting, while driving etc? Yes
- What methods have you been using to prevent these distractions? Keeping aside my cell phone when I need to focus on something important.
- What do you like most about the technique you are using/ how does it help? Keeps me away from all the distractions
- Has it worked so far, if it has, how long does it help you stay away from the distractions? 3-4 hours

- Would you like to have an application that could help you block out these distractions for a brief period that will help you concentrate? **Yes**

QUESTIONS ABOUT SCHEDULES AND DEADLINES

- Do you use any apps or device to manage your school/work schedules, if yes, which app do you use? **Nope**
- What do you like about it?
- How do you manage your school/work schedules and remember your deadlines, is this app you are using any effective? **Yes**
- Have you ever missed a deadline because you didn't check course website? **Yes**
- How would you feel about an app that collects your class schedules from course website and reminds you of your deadlines? (if you are not using any app). **Yes**

QUESTION AT THE END

- Now that you have an overview of what our app idea could do, is there anything more you would like to include that you feel would be helpful to you or DO you have any comments that you would like to add?

QUESTIONS FOR DEMOGRAPHICS

sarah

- What age group you belong to?
 - u. 13 -17
 - v. **18- 21**
 - w. 22- 30
 - x. Above 30
- Are you a student or a business personal?
 - p. If student - **Undergraduate** or graduate
 - q. Employee
 - r. Employer/ Recruiter

- What are your office working hours?

I do not work.

- What are your office break hours?
 -
- What kind of a smartphone (operating system) do you use, if any?
 - iPhone6.
- Number of meetings in a week?
 -
- What are your Meeting times?
 -
- What is your Break time on daily basis?

QUESTIONS ABOUT SOCIAL MEDIA DISTRACTIONS

- Do you use any social media platforms like Facebook, Instagram, Snapchat, and Twitter etc?
 - Yes I do.
- Which social media app would you say you use the most?
 - Instagram and Facebook.
- How often a day would you say you visit these social media platforms?
 - At least 10 times a day.
- Have any of them proven to be a distraction at any point in your studies, in a meeting, while driving etc?

It has actually been beneficial to me, since I am a communication studies major, it's very related to my studies.

- What methods have you been using to prevent these distractions?
 - If I feel distracted, I would just avoid visiting these sites and apps until I get my work done.
- What do you like most about the technique you are using/ how does it help?
 - It's helpful.
- Has it worked so far, if it has, how long does it help you stay away from the distractions?

I can control it easily, so it always works. Social media hasn't been a distraction from what I need to do.

- Would you like to have an application that could help you block out these distractions for a brief period that will help you concentrate?

Yes!

QUESTIONS ABOUT SCHEDULES AND DEADLINES

- Do you use any apps or device to manage your school/work schedules, if yes, which app do you use?
-
- What do you like about it?
-
- How do you manage your school/work schedules and remember your deadlines, is this app you are using any effective?
I usually just write down everything I have to do on a note it app.
- Have you ever missed a deadline because you didn't check course website?
Yes I have.
- How would you feel about an app that collects your class schedules from course website and reminds you of your deadlines? (if you are not using any app).
That would be amazing.

QUESTION AT THE END

- Now that you have an overview of what our app idea could do, is there anything more you would like to include that you feel would be helpful to you or DO you have any comments that you would like to add?

I feel like an app that would remind me of work and things I want to do would be very useful, I would defienetly download the App and use it.

QUESTIONS FOR DEMOGRAPHICS

ankur

- What age group you belong to?
 - y. 13 -17
 - z. 18- 21
 - aa. 22- 30 Yes
 - bb. Above 30
- Are you a student or a business personal? Graduate
 - s. If student - Undergraduate or graduate
 - t. Employee
 - u. Employer/ Recruiter
- What are your office working hours? 9 am to 7pm
- What are your office break hours? 1pm to 2 pm
- What kind of a smartphone (operating system) do you use, if any? Android
- Number of meetings in a week? 3
- What are your Meeting times? 4 pm to 7 pm
- What is your Break time on daily basis? 1 hour

QUESTIONS ABOUT SOCIAL MEDIA DISTRACTIONS

- Do you use any social media platforms like Facebook, Instagram, Snapchat, and Twitter etc? yes all the mentioned above
- Which social media app would you say you use the most? facebook
- How often a day would you say you visit these social media platforms? 10 times
- Have any of them proven to be a distraction at any point in your studies, in a meeting, while driving etc? yes
- What methods have you been using to prevent these distractions? Switch off the net
- What do you like most about the technique you are using/ how does it help? No new updates
- Has it worked so far, if it has, how long does it help you stay away from the distractions? Not much
- Would you like to have an application that could help you block out these distractions for a brief period that will help you concentrate? Yes

QUESTIONS ABOUT SCHEDULES AND DEADLINES

- Do you use any apps or device to manage your school/work schedules, if yes, which app do you use? No
- What do you like about it?
- How do you manage your school/work schedules and remember your deadlines, is this app you are using any effective? Keep reminders
- Have you ever missed a deadline because you didn't check course website? YEs
- How would you feel about an app that collects your class schedules from course website and reminds you of your deadlines? (if you are not using any app). Very helpful

QUESTION AT THE END

- Now that you have an overview of what our app idea could do, is there anything more you would like to include that you feel would be helpful to you or DO you have any comments that you would like to add?

Excellent idea, it will make life easier for students as well as working professionals.

QUESTIONS FOR DEMOGRAPHICS

- What is your name? **Suhas Madhusudan Mhatre.**
- What age group you belong to? **Above 30**
 - cc. 13 -17
 - dd. 18- 21
 - ee. 22- 30
 - ff. Above 30
- Are you a student or a business personal? Name of your institution?
 - v. If student - Undergraduate or graduate
 - w. Employee, **working with Technip Abu Dhabi**
 - x. Employer/ Recruiter
- What are your office working hours? **8 am till 6 pm**
- What are your office break hours? **12 to 1-00 pm**
- What kind of a smartphone (operating system) do you use, if any? **Nokia**
- Number of meetings in a week with clients or management authority? **almost every day**
- Have you ever been late to your meetings? **no.**

QUESTIONS ABOUT SOCIAL MEDIA DISTRACTIONS

- Do you use any social media platforms like Facebook, Instagram, Snapchat, and Twitter etc? **whats up**
- Which social media app would you say you use the most? **whatsup**
- How often a day would you say you visit these social media platforms? **twice a day**
- Have any of them proven to be a distraction at any point in your work schedule, in a meeting, while driving, working etc?
no, if it is use when you want its not at all distraction.
- What methods have you been using to prevent these distractions? **I use it when i want.**
- What do you like most about the technique you are using/ how does it help? **its works well if u keep control on you and schedule the time to attend this platform.**
- Has it worked so far, if it has, how long does it help you stay away from the distractions? **i can keep away how far i want.**

- Would you like to have an application that could help you block out these distractions for a brief period that will help you concentrate? **ok its good if we find such facility.**

QUESTIONS ABOUT SCHEDULES AND DEADLINES

- Do you use any apps or device to manage your work schedules, if yes, which app do you use? **i use calender in my mobile.**
- What do you like about it? **is easy and user friendly.**
- How do you manage your work schedules and remember your deadlines, is this app you are using any effective? **is good for small schedule.**
- Have you ever missed a deadline because you didn't check calendars or respective notes? **no, never.**
- How would you feel about an app that collects your schedules from your computer or smart phone and reminds you of your deadlines? (If you are not using any app). **is good if we find such app and i am looking for something good and faster as well as user friendly.**

QUESTION AT THE END

- Now that you have an overview of what our app idea could do, is there anything more you would like to include that you feel would be helpful to you or DO you have any comments that you would like to add?

it is good idea that u are trying do something new and better than usual. new things are always wellcome.